

Day / Date	Breakfast	Lunch	Dinner
Monday (2/2)	Vegetable Savory Porridge, Fermented Bean Curd, Braised Peanuts with Wheat Gluten	Crispy Fresh Fish, Double Pepper Diced Chicken, Seasonal Vegetables, Winter Melon Tea	Braised Shredded Meat with Tofu, Seasonal Vegetables with Thickened Fish Soup, Vegetable Soup (Vegetarian)
Tuesday (2/3)	Soy Milk, Mantou (Steamed Bun), Peanut Butter	Mixed Vegetable Diced Chicken (Four-color beans), Stir-fried Vegetables with Dried Tofu, Tea	Sautéed Sliced Meat with Vegetables, Assorted Braised Dishes (Lu Wei), Hot and Sour Soup
Wednesday (2/4)	Milk Tea, Sweet Steamed Bun	Creamy Bacon Pasta, Deep-fried Oden (Tempura) Slices, Tea	Braised Chicken Strips, Deep-fried Bean Curd Skin with Seasonal Vegetables, Vegetable Soup (Vegetarian), Birthday Chicken Drumstick Vermicelli
Thursday (2/5)	Black Tea, Sesame Steamed Bun	Black Pepper Pork, Crispy Chicken Drumstick, Seasonal Vegetables, Sweet Soup	Minced Pork with Deep-fried Tofu, Fish Balls with Seasonal Vegetables, Mushroom Chicken Soup
Friday (2/6)	Milk Green Tea, Brown Sugar Mantou	Sweet and Sour Chicken Diced, Seasonal Vegetables, Sweet Soup	Assorted Risotto (Hui Fan), Stir-fried Dried Tofu with Seasonal Vegetables, Daylily Soup (Vegetarian)
Saturday (2/7)	Soy Milk, Meat Bun	Sautéed Shredded Meat with Sauce, Crispy Potstickers, Sweet Soup	Braised Diced Chicken with Seasonal Vegetables, Braised Pig's Blood Cake, Nabeyaki Assorted Soup
Sunday (2/8)	Rice Milk, Scallion Roll	Stir-fried Cuttlefish Balls with Scallion, Tomato and Scrambled Eggs, Fruit Juice	Vegetable and Sliced Meat Hot Pot, Ants Climbing a Tree (Cellophane Noodles with Minced Pork), Pork Rib Soup