

Day / Date	Breakfast	Lunch	Dinner
Monday (1/26)	Corn Savory Porridge, Pickled Cucumbers	Braised Chicken, Deep-fried Fresh Fish, Seasonal Vegetables, Tea	Braised Hot Pot Ingredients, Sautéed Sliced Meat with Seasonal Vegetables, Vegetable and Meat Substitute Soup
Tuesday (1/27)	Soy Milk, Sesame Steamed Bun	Deep-fried Sausage, Stir-fried Minced Meat with Zha Cai and Dried Tofu, Sweet Soup	Braised Chicken Diced, Braised Fish Balls with Seasonal Vegetables, Pickled Vegetable and Pork Rib Soup
Wednesday (1/28)	Black Tea, Meat Bun	Minced Pork Noodles, Double Pepper Diced Chicken, Seasonal Vegetables, Tea	Wontons in Chili Oil, Braised Baiye Tofu with Vegetables, Winter Vegetable Soup (Vegetarian)
Thursday (1/29)	Milk Green Tea, Bread	Tomato Mackerel, Braised Pig's Blood Cake with Seasonal Vegetables, Sweet Soup	Birthday Chicken Drumstick Vermicelli, Black Pepper Diced Chicken, Braised Chicken Wings, Seaweed and Pork Rib Soup
Friday (1/30)	Mantou (Steamed Bun) with Jam, Barley Tea	Minced Pork with Deep-fried Tofu, Braised Seasonal Vegetables, Tea	Scallion Braised Pork, Seasonal Vegetables, Vegetable and Vegetarian Meatball Soup (Vegetarian)
Saturday (1/31)	Black Tea Latte (Milk Tea), Scallion Roll	Thai-style Basil Pork (Pad Kra Pao), Stir-fried Eggs with Mixed Vegetables, Sweet Soup	Curry Chicken with Rice, Crispy Fried Fresh Fish, Radish and Pork Rib Soup
Sunday (2/1)	Soy Milk, Meat Bun	Pork with Dried Bamboo Shoots, Seasonal Vegetables with Dried Tofu, Tea	Shacha Assorted Hot Pot Ingredients, Stir-fried Cuttlefish Balls with Scallion, Seaweed Soup (Vegetarian)